



PANKAJAKASTHURI AYUVEDA MEDICAL COLLEGE & PG CENTRE, KATTAKADA

1ST PROF BAMS TIME TABLE – 2025 Batch (w.e.f 27.3.2026)

Day & Time	8:30 – 9:30 AM	9:30 – 10:30 AM	10:40 – 11:40 AM	11:40 – 12:40 PM	1:30 – 2:30 PM	2:30 – 3:30 PM	3:30 – 4:30 PM
Monday	KRIYA SHAREERA(L) DR GIRIJA DEVI M (PROFESSOR)	SANSKRIT & AYU ITIHASA (NL) DR RAJENDRAN NAIR PK (PROFESSOR)	SAMHITA ADHYAYA -1(NL) DR JISHNUR (PROF.) DR PRINCY LALI SV (ASSISTANT PROFESSOR)	SAMHITA ADHYAYA-1(NL) DR REMYA J (ASSISTANT PROFESSOR)	RACHANA SHAREERA(NL) DR LAKSHMI NP (PROFESSOR)	RACHANA SHAREERA(PRACTICALS) DR LAKSHMI NP (PROFESSOR) DR KARTHIKA M (ASSISTANT PROFESSOR)	
	RACHANA SHAREERA(L) DR LAKSHMI NP (PROFESSOR)	SANSKRIT & AYU ITIHASA (NL) DR RAJENDRAN NAIR PK (PROFESSOR)	KRIYA SHAREERA(L) DR ARCHANA B (ASSISTANT PROF.)	SAMHITA ADHYAYA-1(L) DR DHANUSREE SJ (ASSOCIATE PROFESSOR)	SANSKRIT & AYURVED ITIHASA (NL) DR RAJENDRAN NAIR PK (PROF.)	KRIYA SHAREERA(PRACTICALS) DR GIRIJA DEVI M (PROFESSOR) DR ARCHANA B (ASSISTANT PROFESSOR)	
Tuesday	RACHANA SHAREERA(L) DR LAKSHMI NP (PROFESSOR)	SANSKRIT & AYU ITIHASA (NL) DR RAJENDRAN NAIR PK (PROFESSOR)	RACHANA SHAREERA(L) DR KARTHIKA M (ASSISTANT PROFESSOR)	SANSKRIT & AYU ITIHASA (NL) DR RAJENDRAN NAIR PK (PROFESSOR)	SAMHITA ADHYAYA-1(NL) DR REMYA J (ASSISTANT PROFESSOR)	RACHANA SHAREERA(PRACTICALS) DR LAKSHMI NP (PROFESSOR) DR KARTHIKA M (ASSISTANT PROFESSOR)	
	PADARTHA VIGYANA(L) DR PRINCY LALI SV (ASSISTANT PROFESSOR)	KRIYA SHAREERA(L) DR ARCHANA B (ASSISTANT PROFESSOR)	RACHANA SHAREERA(L) DR KARTHIKA M (ASSISTANT PROFESSOR)	SANSKRIT & AYU ITIHASA (L) DR RAJENDRAN NAIR PK (PROFESSOR)	KRIYA SHAREERA(NL) DR GIRIJA DEVI M (PROFESSOR) DR ARCHANA B (ASSISTANT PROF.)	PADARTHA VIGYANA(NL) DR PRINCY LALI SV (ASSISTANT PROFESSOR)	WK 1- AV - RS WK 2- MENTOR MENTEE HOUR WK 3- AV - KS WK 4- YOGA/LIB/PE WK 5- YOGA/LIB/PE
Wednesday	SAMHITA ADHYAYA-1(L) DR REMYA J (ASSISTANT PROFESSOR)	RACHANA SHAREERA(L) DR LAKSHMI NP (PROFESSOR) DR KARTHIKA M (ASSISTANT PROF.)	PADARTHA VIGYANA(L) DR ATHIRA PR (ASSISTANT PROFESSOR)	SANSKRIT & AYU ITIHASA (L) DR RAJENDRAN NAIR PK (PROFESSOR)	RACHANA SHAREERA(NL) DR ATHIRA PR (ASSISTANT PROFESSOR)	KRIYA SHAREERA(PRACTICALS) DR GIRIJA DEVI M (PROFESSOR) DR ARCHANA B (ASSISTANT PROFESSOR)	
	SAMHITA ADHYAYA-1(L) DR JISHNUR (PROFESSOR)	SANSKRIT & AYU ITIHASA (L) DR RAJENDRAN NAIR PK (PROFESSOR)	SAMHITA ADHYAYA-1(NL) DR DHANUSREE SJ (ASSOCIATE PROF.)	RACHANA SHAREERA(NL) DR KARTHIKA M (ASSISTANT PROFESSOR)			
Thursday	SAMHITA ADHYAYA-1(L) DR JISHNUR (PROFESSOR)	SANSKRIT & AYU ITIHASA (L) DR RAJENDRAN NAIR PK (PROFESSOR)	SAMHITA ADHYAYA-1(NL) DR DHANUSREE SJ (ASSOCIATE PROF.)	RACHANA SHAREERA(NL) DR KARTHIKA M (ASSISTANT PROFESSOR)			
	SAMHITA ADHYAYA-1(L) DR JISHNUR (PROFESSOR)	SANSKRIT & AYU ITIHASA (L) DR RAJENDRAN NAIR PK (PROFESSOR)	SAMHITA ADHYAYA-1(NL) DR DHANUSREE SJ (ASSOCIATE PROF.)	RACHANA SHAREERA(NL) DR KARTHIKA M (ASSISTANT PROFESSOR)			
Friday	SAMHITA ADHYAYA-1(L) DR JISHNUR (PROFESSOR)	SANSKRIT & AYU ITIHASA (L) DR RAJENDRAN NAIR PK (PROFESSOR)	SAMHITA ADHYAYA-1(NL) DR DHANUSREE SJ (ASSOCIATE PROF.)	RACHANA SHAREERA(NL) DR KARTHIKA M (ASSISTANT PROFESSOR)			
	SAMHITA ADHYAYA-1(L) DR JISHNUR (PROFESSOR)	SANSKRIT & AYU ITIHASA (L) DR RAJENDRAN NAIR PK (PROFESSOR)	SAMHITA ADHYAYA-1(NL) DR DHANUSREE SJ (ASSOCIATE PROF.)	RACHANA SHAREERA(NL) DR KARTHIKA M (ASSISTANT PROFESSOR)			

❖ NB: 8:30 to 8:40 AM will be for Shloka Parayanam

Signature
6/13/2026

Batch Co-ordinator

Time Table Committee Chairman

Signature



Signature
27/3/2026
Vice-Principal

Signature
Principal
Pankajakasthuri Ayurveda Medical College & PG Centre, Kattakada