



PANKAJAKASTHURI AYUVEDA MEDICAL COLLEGE & PG CENTRE, KATTAKADA

3rd PROF BAMS TIME TABLE -2022Batch (w.e.f ...18/02/2026.....)

Day & Time	8:30 - 9:30 AM	9:30 - 10:30 AM	Break	10:40 - 11:40 AM	11:40 - 12:40 PM	1:30 - 2:30 PM	2:30 - 3:30 PM	3:30 - 4:30 PM
Monday	Panchakarma NLHP Dr Soumya Jacob (Asst Professor)	Panchakarma NLHP Dr Soumya Jacob (Asst Professor)		Kayachikitsa LH Dr Arun Pratap (Professor)/Dr Kasthuri Nair A (Asst Professor)	Prasutiantra LH Dr Amrutha M R (Asst Professor)/Dr Kavitha KS (Asst Professor)	Kayachikitsa NLHT Dr Arun Pratap (Professor)/ Dr Aparna Chandran (Asst Professor)	Koumarabhritya NLHT Dr Anju GK (Asst Professor)/ Dr Sangeetha P Sankar (Asst Professor)	Shalyatantra LH Dr Kaveri Nair A (Asst Professor)
Tuesday	Koumarabhritya NLHP Dr Nandhu G Joseph (Asst Professor)/Dr Anju G K(Asst Professor)/Dr Sangeetha P Sankar (Asst Professor)	Prasutiantra NLHP Dr Bindya R(Asst Professor)/Dr Kavitha KS (Asst Professor) / Dr Deepa CR (Asst Professor)		Sambhita & Sidhanta LH Dr Remya J (Asst professor)	Shalakyatantra LH Dr Anu PV (Asst professor)	Koumarabhritya LH Dr Nandhu G Joseph (Asst professor)	Shalyatantra NLHT Dr Suresh kumar (Professor) /Dr Abhirami A (Asst professor)	AV hour
Wednesday	Shalyatantra NLHP Dr Asif Ameen CP (Asst Professor)	Shalyatantra NLHP Dr Asif Ameen CP (Asst Professor)		Kayachikitsa LH Dr Arjun Chand(Professor) Dr Aparna Chandran (Asst professor)	Prasutiantra LH Dr Bindya R. (Asst professor)	Panchakarma NLHT Dr Soumya Jacob (Asst Professor)	Shalakyatantra NLHT Dr Anu PV(Asst professor)/ Dr Hari Krishnan H(Asst professor)	Prasutiantra NLHT Dr Deepa CR (Asst professor)
Thursday	Kayachikitsa NLHP Dr Arjun Chand(Professor) Dr Aparna Chandran (Asst professor)	Kayachikitsa NLHP Dr Arun Pratap (Professor)/Dr Aparna Chandran (Asst Professor)		Shalakyatantra LH Dr Aiswarya.P (Asst Professor)	Shalyatantra LH Dr Asif Ameen CP (Asst Professor)	Koumarabhritya LH Dr Anju GK (Asst Professor) / Dr Sangeetha P Sankar (Asst Professor)	Panchakarma LH Dr Parvathy SP (Professor)	Shalyatantra NLHT Dr Abhirami A (Asst professor)
Friday	Shalakyatantra NLHP Dr Anu PV(Asst professor)/ Dr Hari Krishnan H (Asst professor)	Shalakyatantra NLHP Dr Anu PV(Asst professor)/ Dr Hari Krishnan H (Asst professor)		Kayachikitsa LH Dr Lekshmi R (Asst professor) Dr Vishnu P (Asst Professor)	Sambhita & Sidhanta NLHT Dr Princy Lali SV (Asst Professor)	Panchakarma LH Dr Anish Kumar K (Professor)	Shalakyatantra LH Dr Hari Krishnan H Asst professor	PE/Library/Yoga

NB: 8:30 to 8:40 AM will be for Shloka Parayanam

Batch Co-ordinator 18/2/26
Discoumy 18/2/26



18/2/2026
Vice Principal

Principal
Pankajakasthuri Ayurveda
Medical College & PG Centre, Kattakada

Subject Rotation Schedule for AV Hour /PE/Mentor mentee hr

Kayachikitsa
Panchakarma
Shalya Tantra
Shalakya Tantra
Kaumarabhritya
Prasuti Tantra & Siree Roga
Samhitha & Sidhanta

Note: 1. Every month, 1st AV hour will be Mentor-Mentee hour.

2. Attendance of PE & Mentor-Mentee hour to be marked as per the subject rotation schedule

3. Each week AV hour will be as per the subject rotation schedule.

Vice Principal