



# PANKAJASTHURI AYURVEDA MEDICAL COLLEGE & PG CENTRE, KATTAKADA

3<sup>rd</sup> PROF BAMS TIMETABLE – 2021 Batch (w.e.f 07/04/2025)

Day & Time	8:30 – 9:30 AM	9:30 – 10:30 AM	Break		10:40 – 11:40 AM	11:40 – 12:40 PM	1:30 – 2:30 PM	2:30 – 3:30 PM	3:30 – 4:30 PM
<b>Monday</b>	Panchakarma LH Dr Parvathy S P (Professor)	Prasutitantra LH Dr Bindya R (Asst Professor)	NLHP KC/SL/PK/ST/PS/KB (Rotational)	NLHP KC/SL/PK/ST/PS/KB (Rotational)	Sambhita Sidhanta NLHT Dr Aparna Chandran (Asst Professor)	Sambhita Sidhanta NLHT Dr Aparna Chandran (Asst Professor)	Shalyatantra LH Dr Kaveri Nair A (Asst Professor)	Panchakarma NLHT Dr Soumya Jacob (Asso Professor)	
<b>Tuesday</b>	Kayachikitsa LH Dr Arjun Chand CP (Professor) Dr Aparna Chandran (Asst Professor)	Sambhita Sidhanta LH Dr Jishnu R (Professor)	NLHP KC/SL/PK/ST/PS/KB (Rotational)	NLHP KC/SL/PK/ST/PS/KB (Rotational)	Kayachikitsa LH Dr Kasthuri Nair A (Asso Professor) Dr Lekshmi R (Asso Professor)	Kayachikitsa LH Dr Kasthuri Nair A (Asso Professor) Dr Lekshmi R (Asso Professor)	Prasutitantra NLHT Dr Deepa C R (Asst Professor)	Shalakyatantra NLHT Dr Harikrishnan H (Asst Professor)	
<b>Wednesday</b>	Shalyatantra LH Dr Asif Ameen (Asso professor)	Shalyatantra LH Dr Asif Ameen (Asso Professor)	Shalakyatantra LH Dr Anu P V (Asst Professor)	Shalakyatantra LH Dr Anu P V (Asst Professor)	Shalyatantra LH Dr Asif Ameen (Asso Professor)	Shalyatantra LH Dr Asif Ameen (Asso Professor)	Kayachikitsa NLHT Dr Vishnu P (Asst Professor)	AV Hour (Rotational)	
<b>Thursday</b>	Kaumarabhritya LH Dr Nandhu G Joseph (Asso Professor)	Kayachikitsa LH Dr Arun Pratap (Professor) Dr Vishnu P (Asst Professor)	LH Research Methodology/Stat Dr Nidhin Boban (Asst Professor) / Ms. Amartya Lal S (Statistician)	NLHT Research Methodology / Statistics Ms. Amartya Lala S (Statistician)	LH Research Methodology/Stat Dr Nidhin Boban (Asst Professor) / Ms. Amartya Lal S (Statistician)	Shalakyatantra LH Dr Harikrishnan H (Asst Professor)	Prasutitantra LH Dr Kavitha K S (Asst Professor)	Library/ PE (Rotational)	
<b>Friday</b>	Shalakyatantra LH Dr Aiswarya P (Asso Professor)	Panchakarma LH Dr Anish Kumar K (Professor)	NLHP KC/SL/PK/ST/PS/KB (Rotational)	NLHP KC/SL/PK/ST/PS/KB (Rotational)	Shalyatantra NLHT Dr Abhirami (Asst Professor)	Shalyatantra NLHT Dr Abhirami (Asst Professor)	Shalyatantra LH Dr Suresh Kumar C (Professor)	Kaumarabhritya NLHT Dr Sangeetha P Sankar (Asst Professor)	

❖ NB: 8:30 to 8:40 AM will be for Shloka Parayanam

*Dr. Nandhu G Joseph*  
tech Co-ordinator

*Lecchie*



*Dr. Jayasree A. MB(Ay)*  
Vice-Principal

*Dr. Jayasree A. MB(Ay)*  
Principal

Pankajasthuri Ayurveda  
Medical College & PG Centre  
Kattakada

Subject Rotation Schedule for AV Hour & NLHP

Kayachikitsa
Panchakarma
Shalya Tantra
Shalakyatantra
Kaumarabhritya
Prasuti Tantra & Stree Roga
Modern Posting

Clinical class Schedule

Roll No	Batch
1-7	A
8-15	B
16-23	C
24-31	D
32-39	E
40-47	F
48-55	G

Batch Allocation for NLHP Hrs

Kayachikitsa	Panchakarma	Shalyatantra	Shalakyatantra	Kaumarabhritya	Prasutitantra Streeroga	Modern posting
Dr Arun Pratap	Dr Parvathy S P	Dr Asif Ameen	Dr Aiswarya P	Dr Nandhu G Joseph	Dr Bindya R	Gen. Surgery
Dr Arjun Chand CP	Dr Anish Kumar K	Dr Kaveri Nair A	Dr Anu P V	Dr Anju G K	Dr Kavitha K S	ENT
Dr Lekshmi R	Dr Soumya Jacob	Dr Abhirami	Dr Harikrishnan H	Dr Sangeetha P Sankar	Dr Deepa C R	Gynecology
Dr Kasthuri Nair A						Paediatric & Neonatal
Dr Aparna Chandran						Orthopedic
Dr Vishnu P						

**Note: 1. Every month, 1st AV hour will be Mentor-Mentee hour.**

**2. AV hour & Research Methodology hour will be conducted on alternate weeks.**

**3. Attendance of PE & Mentor-Mentee hour to be marked as per the subject rotation schedule including Samhita Sidhanta (after PTSR).**

**4. Each week AV hour will be as per the subject rotation schedule.**

**5. Practical Hour rotation will be once in a weeks.**